

## DANSAK *Fairly Hot*

*Cooked with lentils. Hot sweet and sour taste.*

Chicken Dansak	£10.95
Lamb Dansak	£10.95
Prawns Dansak	£10.95
Tiger King Prawn Dansak	£13.95
Mixed Vegetable Dansak	£9.95
Paneer cottage cheese	£9.95

## PATHIA *Fairly Hot*

*Prepared with coconut. Hot sweet and sour taste.*

Chicken Pathia	£10.95
Lamb Pathia	£10.95
Prawns Pathia	£10.95
Tiger King Prawn Pathia	£13.95
Mixed Vegetable Pathia	£9.95
Paneer cottage cheese	£9.95

## DOPIAZA *Medium Hot*

*Cooked with garlic, ginger and plenty of onions in a thick sauce.*

Chicken Dopiazza	£10.95
Lamb Dopiazza	£10.95
Prawns Dopiazza	£10.95
Tiger King Prawn Dopiazza	£13.95
Mixed Vegetable Dopiazza	£9.95
Paneer cottage cheese	£9.95

## METHI *Medium Hot*

*Prepared with fenugreek leaves*

Methi Chicken	£10.95
Methi Gosht	£10.95
Methi Prawns	£10.95
Methi Tiger King Prawns	£13.95
Paneer cottage cheese	£9.95

## BIRIYANI *Medium Hot*

*Basmati rice with chicken, lamb or prawns. Served with mixed vegetable curry.*

Chicken Biryani	£12.95
Lamb Biryani	£13.95
Prawn Biryani	£12.95
Tiger King Prawn Biryani	£14.95
Chicken Tikka Biryani	£13.95
Mixed Biryani <i>Chicken, lamb and prawns</i>	£13.95
Paneer cottage cheese	£9.95

## SAUCE

Masala Sauce	£3.50
Korma Sauce	£3.50
Patia Sauce	£3.50
Dansak Sauce	£3.50

Cucumber Riata	£1.50
Mixed Riata	£1.50

## DRINKS

Coke (330ml)	£1.25
Diet Coke (330ml)	£1.25
Lemonade (330ml)	£1.25
Irn Bru (330ml)	£1.25
Fanta (330ml)	£1.25
Sprite (330ml)	£1.25
Coke (1.5ltr)	£2.95
Lemonade (1.5ltr)	£2.95

## VEGETABLE SIDES


Mixed Vegetable Curry	£4.95
Mixed Vegetable Bhaji <i>Dry</i>	£4.95
Sag Bhaji <i>Spinach</i>	£4.95
Sag Aloo <i>Spinach &amp; potato</i>	£4.95
Bombay Aloo <i>Spicy potato</i>	£4.95
Cauliflower Bhaji	£4.95
Brinjal Bhaji <i>Aubergine</i>	£4.95
Bhindi Bhaji <i>Okra</i>	£4.95
Aloo Gobi <i>Potato &amp; cauliflower</i>	£4.95
Channa Masala <i>Chick peas</i>	£4.95
Dal <i>Lentils</i>	£4.95
Tarka Dal <i>Lentils garnished with fried garlic</i>	£4.95
Mushroom Bhaji	£4.95
Sag Paneer <i>Spinach &amp; cottage cheese</i>	£4.95
Motor Poneer <i>cottage cheese</i>	£4.95

## RICE

Boiled Rice	£3.20
Pilau Rice <i>Basmati rice</i>	£3.50
Lemon Rice	£3.50
Peas Fried Rice	£3.50
Channa Rice <i>Chick peas</i>	£3.75
Coconut Fried Rice	£3.75
Mushroom Fried Rice	£3.75
Vegetable Fried Rice	£3.75
Special Fried Rice	£3.75

## BREAD

Plain Nan	£3.15
Keema Nan <i>Stuffed with mince meat</i>	£3.75
Peshwari Nan <i>Stuffed with almonds &amp; sultanas</i>	£3.75
Garlic Nan	£3.75
Vegetable Nan	£3.75
Cheese Nan	£3.75
Paratha	£2.95
Vegetable Paratha	£3.50
Puree	£1.50
Chips	£2.50
Tandoori Roti	£2.95

 - Suitable for Vegetarians



# Indian Ocean

## TAKE-AWAY MENU

### FREE HOME DELIVERY

6.00pm - 10.00pm

(minimum order £15.00)

Take-aways

01534 766117

Reservations

01534 766118

07797 818845

### OPENING HOURS

6.00pm - 11.00pm

Seven days a week, including Bank Holidays

37 La Motte Street, St. Helier, Jersey JE2 4SZ

WWW.INDIANOCEAN.JE 

All major credit cards accepted. All prices include GST (GST No. 0043291)

Prices correct as of November 2018

## APPETISERS

Pappadam <i>Plain or spicy</i> . . . . .	£0.95
Chutney . . . . .	£0.80
Onion Bhaji 🍃 (2) . . . . .	£4.95
<i>Spiced shredded onion patty with lentil flour cumin and deep fried.</i>	
Vegetable Pakora 🍃 (5) . . . . .	£4.95
<i>Assorted vegetable with sliced potatoes and gram flour, slightly spiced and deep fried.</i>	
Chicken Pakora (5) . . . . .	£4.95
<i>Battered chicken tikka deep fried</i>	
Vegetable Samosa 🍃 . . . . .	£4.50
<i>Triangular shaped pastry stuffed with mixed vegetables and deep fried.</i>	
Aloo Chat 🍃 . . . . .	£4.75
<i>Thin sliced potatoes cooked with cucumber in a sweet and sour sauce.</i>	
Chicken Chat . . . . .	£4.95
<i>Thin sliced chicken pieces cooked with cucumber in a sweet and sour sauce.</i>	
Meat Samosa . . . . .	£4.95
<i>Triangular shaped pastry stuffed with minced meat and deep fried.</i>	
Chicken Tikka . . . . .	£4.95
<i>Boneless pieces of chicken marinated in tandoori spices and cooked in clay oven.</i>	
Lamb Tikka . . . . .	£5.50
<i>Tender pieces of lamb marinated in tandoori spices and cooked in clay oven.</i>	
Tandoori Chicken . . . . .	£5.50
<i>Quarter piece of on the bone chicken marinated in spice overnight and cooked in a clay oven.</i>	
Sheek Kebab . . . . .	£5.50
<i>Minced lamb mixed with spices, skewered and grilled in clay oven.</i>	
Mixed Kebab . . . . .	£5.95
<i>Mixed starter of sheek kebab, chicken tikka, lamb tikka.</i>	
Prawn Pathia Puree . . . . .	£4.95
<i>Prawns cooked in ground spices, sweet and sour served on deep fried pancake.</i>	
Tiger King Prawn Butterfly (6) . . . . .	£5.95
<i>Battered tiger king prawn deep fried.</i>	
Indian Ocean Mixed Starter . . . . .	£5.95
<i>Onion bhaji, pakora, chicken tikka &amp; lamb tikka.</i>	

## INDIAN OCEAN SPECIALITIES

Garlic Chilli Chicken <i>Fairly hot</i> . . . . .	£11.95
<i>Tender pieces of chicken cooked with fresh garlic, onions, ginger and green chillies.</i>	
Garlic Chilli Lamb <i>Fairly hot</i> . . . . .	£11.95
<i>Tender pieces of lamb cooked with fresh garlic, onions, ginger and green chillies.</i>	
Garlic Chilli Fish <i>Fairly hot</i> . . . . .	£11.95
<i>Fish fillets cooked with fresh garlic, onions, ginger and green chillies.</i>	
Chicken Rezala <i>Medium hot</i> . . . . .	£11.95
<i>Skewered chicken tikka pieces cooked with green peppers in yogurt sauce.</i>	
Chicken Pasanda <i>Mild</i> . . . . .	£11.95
<i>Diced chicken cooked with almonds and sultanas in a creamy red wine sauce.</i>	
Lamb Pasanda <i>Mild</i> . . . . .	£11.95
<i>Tender pieces of lamb cooked with almonds and sultanas in a creamy Red wine sauce.</i>	
Butter Chicken <i>Mild</i> . . . . .	£11.95
<i>Breast pieces of chicken tikka cooked in butter with almonds and ground spices.</i>	
Cod Bhoona <i>Medium hot</i> . . . . .	£11.95
<i>Cod fillets cooked with onions ginger with medium spiced sauce</i>	
Kochi Chicken <i>Medium hot</i> . . . . .	£11.95
<i>Barbecued chicken pieces cooked with fresh ginger, mixed peppers and cashew nuts served in sizzling dish.</i>	
Indian Ocean Chicken Special <i>Medium hot</i> . . . . .	£11.95
<i>Thin sliced chicken tikka pieces stir fried with onions, garlic and mixed vegetables served in a sizzling dish.</i>	

## TANDOORI SPECIALITIES

<i>Served in a sizzler with side salad and mint sauce.</i>	
Chicken Tikka . . . . .	£11.50
<i>Boneless pieces of chicken marinated overnight in tandoori spices and cooked in clay oven.</i>	
Lamb Tikka . . . . .	£11.50
<i>Tender pieces of lamb marinated overnight in tandoori spices and cooked in clay oven.</i>	
Sheek Kebab . . . . .	£11.50
<i>Minced lamb mixed with tandoori spices &amp; grilled in a clay oven.</i>	
Tandoori Chicken . . . . .	£11.50
<i>Two quarter pieces of on the bone chicken marinated overnight in yogurt sauce and cooked in clay oven.</i>	
Chicken Shaslick . . . . .	£11.50
<i>Off the bone breast pieces of chicken marinated in spices, grilled on charcoal with tomato, onions and green peppers.</i>	
Tandoori Mixed Grill . . . . .	£13.95
<i>Platter of tandoori chicken, chicken tikka, lamb tikka and sheek kebab, served with nan bread.</i>	
Tandoori Tiger King Prawns . . . . .	£14.95
<i>Spiced tiger king prawns cooked in tandoori clay oven.</i>	

## VEGETABLE SPECIALITIES

Mixed Vegetable Garlic Chilli <i>Fairly hot</i> . . . . .	£9.95
<i>Mixed vegetables cooked with fresh garlic, ginger and chilli.</i>	
Mixed Vegetable Achari <i>Fairly hot</i> . . . . .	£9.95
<i>Mixed vegetables cooked with lime pickle.</i>	
Mixed Vegetable Masala <i>Very mild</i> . . . . .	£9.95
<i>Mixed vegetables cooked with ground spices in a creamy sauce.</i>	

## HANDI *Medium Hot*

<i>Handi sauce-well balanced mixer of dry coriander, coconut, chillies, fresh garlic and ginger. Chef's own recipe.</i>	
Handi Chicken . . . . .	£11.95
Handi Lamb . . . . .	£11.95
Handi Prawns . . . . .	£11.95
Handi Tiger King Prawns . . . . .	£13.95
Handi Mixed Vegetables 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## KARAHI *Medium Hot*

<i>Medium spiced cooked with green peppers, diced onions, garlic, ginger, and coriander.</i>	
Karahi Chicken . . . . .	£11.95
Karahi Lamb . . . . .	£11.95
Karahi Prawns . . . . .	£11.95
Karahi Tiger King Prawns . . . . .	£13.95
Karahi Mixed Vegetables 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## MASALA *Very Mild*

<i>Marinated overnight, grilled on charcoal and cooked with exotic spicy creamy sauce.</i>	
Chicken Tikka Masala . . . . .	£11.50
Lamb Tikka Masala . . . . .	£11.50
Tandoori Chicken Masala . . . . .	£11.50
Tandoori Tiger King Prawn Masala . . . . .	£11.95
Tandoori Mixed Masala . . . . .	£11.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## BALTI *Medium Hot*

<i>Cooked with balti paste, specially prepared with coriander, fenugreek and fresh mint.</i>	
Chicken Balti . . . . .	£11.50
Lamb Balti . . . . .	£11.50
Prawn Balti . . . . .	£11.50
Tiger King Prawn Balti . . . . .	£13.95
Mixed Balti <i>Chicken, Lamb, Prawns &amp; Vegetables</i> . . . . .	£13.95
Mixed Vegetable Balti 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## JALFRAZI *Fairly Hot*

<i>Cooked with fresh green chillies, green peppers, onions, garlic, ginger, and coriander.</i>	
Chicken Jalfrazi . . . . .	£11.50
Chicken Tikka Jalfrazi . . . . .	£11.50
Lamb Jalfrazi . . . . .	£11.50
Prawn Jalfrazi . . . . .	£11.50
Tiger King Prawn Jalfrazi . . . . .	£13.95
Mixed Vegetable Jalfrazi 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## KORMA *Mild*

<i>Cooked with coconut and fresh cream.</i>	
Chicken Korma . . . . .	£11.50
Lamb Korma . . . . .	£11.50
Prawns Korma . . . . .	£11.50
Tiger King Prawn Korma . . . . .	£11.95
Mixed Vegetable Korma 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## CURRY *Medium Hot*

<i>Cooked with onions and tomato sauce.</i>	
Chicken Curry . . . . .	£10.95
Lamb Curry . . . . .	£10.95
Prawns Curry . . . . .	£10.95
Tiger King Prawn Curry . . . . .	£11.95
Mixed Vegetable Curry 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## SAG *Medium Hot*

<i>Cooked with spinach</i>	
Sag Chicken . . . . .	£11.50
Sag Gosht . . . . .	£11.50
Sag Prawn . . . . .	£11.50
Tiger King Prawn Sag . . . . .	£13.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## MADRAS *Fairly Hot*

<i>Rich hot taste prepared with garlic, chilli and tomato puree.</i>	
Chicken Madras . . . . .	£11.50
Lamb Madras . . . . .	£11.50
Prawns Madras . . . . .	£11.50
Tiger King Prawn Madras . . . . .	£11.95
Mixed Vegetable Madras 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## VINDALOO *Very Hot*

<i>Cooked in very hot sauce with garlic, chilli and tomato puree.</i>	
Chicken Vindaloo . . . . .	£11.50
Lamb Vindaloo . . . . .	£11.50
Prawns Vindaloo . . . . .	£11.50
Tiger King Prawn Vindaloo 🍃 . . . . .	£11.95
Mixed Vegetable Vindaloo 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## BHOONA *Medium Hot*

<i>Cooked in very thick sauce with garlic, ginger, onions and tomato.</i>	
Chicken Bhoona . . . . .	£11.50
Lamb Bhoona . . . . .	£11.50
Prawns Bhoona . . . . .	£11.50
Tiger King Prawn Bhoona . . . . .	£11.95
Mixed Vegetable Bhoona 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95

## ROGAN *Medium Hot*

<i>Medium spicy dish with plenty of tomatoes.</i>	
Chicken Rogan . . . . .	£11.50
Lamb Rogan . . . . .	£11.50
Prawns Rogan . . . . .	£11.50
Tiger King Prawn Rogan . . . . .	£13.95
Mixed Vegetable Rogan 🍃 . . . . .	£9.95
Paneer <i>cottage cheese</i> . . . . .	£9.95